

# Clinicians' Sense-Making When Working With Patients in Disordered States of

Consciousness Following Brain Injury



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#### Research Question

How do clinicians make sense of neurobehavioral functioning in patients in disordered states of consciousness (DoC) during clinical encounters?

# Unique Challenges in DoC

- Patients do not verbally communicate needs
- Non-linear or **fluctuating patient recovery** trajectory makes it hard to predict and creates ambiguity about patient prognosis
- Limited indicators of meaningful neuro-behavioral change [1]
- Clinicians struggle to communicate neuro-behavioral change to each other and family [2]

#### What is clinical reasoning?

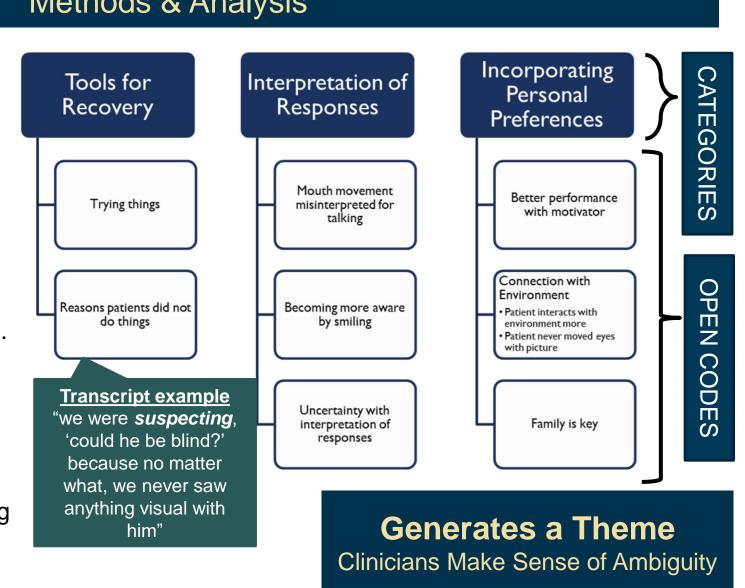
- a way of perceiving & making sense of information in practical settings. It combines past experience and theoretical knowledge
- \* "a largely tacit thought process ... that allows therapists to pay attention to relevant cues and unconsciously shift therapeutic interventions in response to them" [3]

# Study Design & Conceptual Framework

- Qualitative, exploratory design using narrative interviewing methodology [4, 5]
  - Systems perspective [2, 6] and Narrative Theory [7]

# Methods & Analysis

- 21 rehabilitation clinicians working in post-acute rehabilitation settings with experience treating adults with DoC due to severe TBI.
- Participants include: Occupational, Physical, Speech, & Recreational Therapists, Nursing, Psychology, Physicians, & Case Managers.
- Thematic analysis is iterative, i.e. ongoing coding develops & adjusts themes using NVivo 11 Plus. Thematic & constant comparative analytic tools used to organize and analyze data [5, 8, & 9]
- Disagreements discussed among team to seek consensus & explore variety of interpretations



# Clinicians Make Sense of Ambiguity: The Art & Science of Clinical Reasoning

- Ambiguity encompasses the everyday experiences of rehabilitation clinicians.
- They make clinical decisions based on patient responses, interactions with team and family, past experience, and personal ethics & values.
- > They incorporate patient preferences, use everyday tools and clinical expertise to treat DoC patients.

family is really key ... in

we don't know what motivates

them, we might miss something

I introduce myself just

Maybe something is just off today.

Fluctuation is the norm. We

don't expect consistent

performance

#### Clinicians are careful with interpretation of assessments and signs

√They use non-clinical information to make prognosis

> I never discredit what [family] reported or what we've seen ecause ... I saw him at one moment in time

as I would if they were awake ... and explaining why I'm there and what I'm doing.

#### **Clinicians expect** inconsistency but look for consistency.

They try interventions to see what works.

> **✓ Clinicians use pre-injury** preferences, interests, motivations

patient's head was down ... wasn't making eye contact or making an effort to raise his head... When the dog came in ...he raised his head, eyes widened, ... started to smile and .. leaned in towards the dog

we put on one of his favorite bands and I could see him mouthing the words.

I get a better response from Jackass [TV show] than I do almost anything ..[patient] was focusing on the screen and he smiled at an appropriate

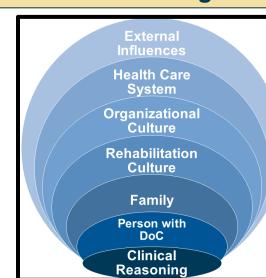
✓ Clinicians use trial & error;

tools based on past

experience; they try things!

### Why is clinical reasoning important?

Clinical Reasoning takes places within a system of interpersonal & organizational factors



Clinicians makes judgments about the best treatment plans & assessment tools patients need everyday.

Understanding how clinicians make judgments in their practice settings helps to:

- ✓ ensure they design successful treatment plans, including being **person-centered** [4]
- ✓ train clinicians to respond to ambiguous clinical settings such as working in the DoC field

#### Take Home Messages

- Fluctuation of behavior is common for these patients
- Clinical assessments and their interpretations do not provide clarity on prognosis or diagnosis (~40% misdiagnosed) [10]
- Clinicians remain uncertain about how to judge neurobehavioral change
- Communicating prognostic ambiguity to families & team members is emotionally taxing

#### What do I do now?

- ✓ Clinicians make decisions based on judgments, not exactitude! → Use your clinical judgment tools & seek continuous critical assessment of the information you have.
- ✓ Clinical reasoning depends on marshalling ethics, virtues, experience and insights → Reflect on these; Seek mentoring; Challenge your beliefs; Listen to family [11]

#### **Future Directions**

- Train clinicians on how to respond to ambiguity in clinical practice
- Currently interviewing caregivers to understand their reasoning tools when interacting with persons in DoC

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